



# DISCIPLE

## YEAR 1 | MODULE 1

- » **Vision:** A church of fully alive Jesus followers who are using their gifts and sacrificing their lives for others.
- » **Mission:** Mature disciples who are equipped and confident to join a church planting team if called.

## Module 1: Disciple

What does it mean to be a disciple of Jesus? How can we approach God? What is faith? Why is the Gospel a necessary part of knowing God? What tools are there to help me walk with God and grow in my faithfulness to Him?

### Goals:

1. Learn the basics of approaching and knowing God
2. Study and integrate regular spiritual disciplines into your weekly routine
3. Review what God has done for you in the first few months of 2020
4. Share your spiritual growth with another believer
5. Learn and use tools that help you walk with God and grow in your faithfulness to Him

### Events and opportunities to engage with others:

- \* Corporate Prayer - Sunday mornings at 9:00am before the worship service
- \* Community Group - Fellowship and discussion of being a disciple of Jesus
- \* Discipleship Pod - Practice and accountability to grow as a disciple of Jesus
- \* Community Book Discussion - Join the church and Dowd YMCA for a book study on "The Praying Life" by Paul Miller in March

### Supplemental Readings:

- \* The Gospel by Ray Ortlund
- \* The Praying Life by Paul Miller
- \* Spiritual Disciplines for the Christian Life by Donald Whitney



# DISCIPLE

YEAR 1 | MODULE 1

## My Personal Development Plan

I am praying for this heart change in my life:

Transformation is not just a solo effort, but requires the help and support of others in the church. I am meeting with \_\_\_\_\_ for accountability and encouragement.

I commit to practice these intentional rhythms of spiritual disciplines:

Fasting (daily / weekly / monthly / \_\_\_\_\_)

Solitude & Silence (daily / weekly / monthly / \_\_\_\_\_)

Scripture (daily / weekly / monthly / \_\_\_\_\_)

Evangelism (daily / weekly / monthly / \_\_\_\_\_)

Other encouraged disciplines:

Prayer, Worship, Serving, Stewardship, Journaling, Learning, & Perseverance  
(daily / weekly / monthly / \_\_\_\_\_)

I am using these additional resources for my growth (articles, podcasts, books, etc.):

## Journal Response

Consider your first response regarding the heart change you desire and your current relationship with God - write down what comes to mind, as well as the expectations you have for the coming months.