



**SAINT**  
YEAR 2 | MODULE 4

- » **Vision: A church of fully alive Jesus followers who are using their gifts and sacrificing their lives for others.**
- » **Mission: Mature disciples who are equipped and confident to join a church planting team if called.**

## Module 4: Saint

What does it mean to be a Saint? After all, followers of Jesus are often described as “saints.” A Saint exemplifies holiness by living a Spirit-filled life. We regularly forget or forsake our identity as a Saint, because we are constantly aware of our short-comings and sinful nature. In that we are made holy apart from our best efforts is a truth too wondrous to completely comprehend.

Let us focus on how God shapes us into godly women and men. We will do intensive work to learn how spiritual health and emotional health are connected, and how they assist in our pursuit of holiness. In turn, as we pursue holiness we will be re-created to live in healthy, emotional, and relational patterns.

What if we abandoned the quest for perfection by our own efforts and merits, to instead surrender our lives to the work of God’s Spirit? Maybe then we might live out our identity as Saints.

*“Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom. And we all, with unveiled face, beholding the glory of the Lord, are being transformed into the same image from one degree of glory to another. For this comes from the Lord who is the Spirit.”*

- 2 Corinthians 3:17-18

### Goals:

- To know the Holy Spirit of the Triune God:
  - Who is He?
  - How do I know Him?
  - How can I recognize His work in me?
- Learn about selfish ambition and how you might exhibit this in your life. What might you need to confess and surrender to allow God to transform your heart?
- Do an assessment of your spiritual, physical, emotional, and relational health. In what ways do you believe God desires to develop you over these next few months?
- Practice the spiritual disciplines and take time to reflect on how my heart is being transformed by the Holy Spirit. Do I see the Fruit of the Spirit becoming more evident in my life?

## Events & Opportunities to Engage with Others:

- Sunday Gathering Sermon Series > *The Good Life: A Study on the Fruit of the Spirit*
- Women's & Men's Ministries > Join a Discipleship Pod. This is the best context to engage and apply what we'll learn about living in our identity as a Saint. We will offer Pod Leader support and coaching to help Discipleship Pods progress through this module.

## Supplemental Readings & Sermons:

- In lieu of a "church-wide" assigned book, we will engage with a collection of articles and sermons that will be shared throughout the duration of this module.
- *The Pursuit of Holiness* by Jerry Bridges

## My Holiness Development Plan

For at least one month, commit daily to record in your journal how the Holy Spirit is at work in your heart. As you become more aware of God's Spirit at work in your life, so too will you see more evidence of the Fruit of the Spirit in your actions toward others.

*"But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law."*

- Galatians 5:22-23

### — Consider each Fruit of the Spirit in Your Actions

- Consider how each Fruit of the Spirit is evident in your life. Are they an appropriate descriptor of you, or might some be an area of weakness? As we learn week-by-week about each Fruit of the Spirit in the sermon series "The Good Life," use that particular week to pray, evaluate, and practice each "fruit."

### — Complete the "Emotionally Healthy" Assessment

- In discussion with your Discipleship Pod and/or others who know you well, please share your results and thoughts from taking the Emotionally Healthy Assessment: <https://www.emotionallyhealthy.org/mature/personal-assessment/?v=4096ee8eef7d>